

Dear Parent/Carer

Happy New Year! We are looking forward to a busy new term full of lots of exciting learning opportunities and events. Here is an overview of our planned learning this time.

Best wishes,
Miss Afzal

HEALTH AND WEL BEING

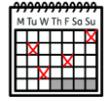


HAVE A GOAL

This term our Building Resilience focus will be '**Have a Goal**'. See parent/carers details overleaf.

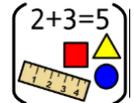
We will continue the next part of the Relationship, Sexual Health and Parenthood program. We will be covering '*Our Bodies and Privacy*' and '*People Who Help and Look After Us*'. All resources are available on www.rshp.scot if you wish to review them.

Important Dates:



- › **21st January** – LPPC Meeting
- › **26th January** – Ceilidh Kids
- › **28th January** – Generation Science
- › **16th- 20th Feb** – Half term holiday
- › **23rd February** – All start back
- › **11th- 13th March** – Lagganlia Ski Trip
- › **18th & 20th March** – Parent-Teacher Consultations
- › **30th March- 3rd April** Health Week
- › **2nd April** - Term Ends

NUMERACY AND MATHEMATICS



In Numeracy we will continue working in small groups for our SEAL sessions. We will also begin to use mathematical symbols (+ - =) to write and solve word problems.

In Maths, we will focus on Information Handling and Time.

PE

P1b will have their PE on a Wednesday.



This term we will be developing our ball skills, building up our fitness and co-ordination and learning Scottish country dancing. We would encourage PE bags (and clothes) to be labelled with your child's name and kept in school for the term. Some of the lessons will be outdoors this term so pupils must bring indoor shoes as well as suitable shoes for use outside. Thank you for your support with this.

INTERDISCIPLINARY SKILLS FOCUS SOCIAL STUDIES We will be exploring our local community and discovering the different roles people play and how they can help. We will be using the history of our school as a stimulus to learn more about life in the past.



SCIENCE We will be investigating a range of arctic animals and their habitat. We will also learn about basic food chains. We will be investigating how water can change from one form to the other.

LITERACY AND ENGLISH



In Literacy and English, we will continue to work in small groups for phonics each day. We will be developing our reading and writing skills using an increasingly wide range of sounds. This will include our “tricky words” – common words such as I, the, and to which can’t be sounded out. This term we will also be sending home levelled reading books. Around Robert Burns Celebrations, we will be exploring Scottish poetry and enjoying some classic Scottish stories. We will be making use of our wonderful school library. Our Library Day is **Tuesday**. Please remember to bring your book back.

HOME LEARNING ACTIVITIES

Our home learning grid lets pupils choose the time that best suits them and their family to complete learning tasks at home. Choose one or two tasks from the grid to complete each week.

As well as **daily reading**, we encourage pupils to regularly practise basic numeracy and spelling skills challenges that we have set for them on the Sumdog website.

You can help your child this term by encouraging them to read a range of texts at home, including novels, magazines, comics, newspapers, leaflets etc. Discuss novels, stories and even films and television programmes together.

OTHER Information

- Please help your child arrive on time each day. We start at 8:50am and finish at 3.15pm (12:25pm Friday).
- If your child takes a **school lunch**, free or paid for, you **MUST** order your child’s lunch from the **Wednesday** before the following week. No order = no meal and you will be called and asked to bring lunch in for your child.
- No fizzy juice in school at all please and ideally a healthy snack for break.
- No Pokemon cards or toys please.
- Your child is welcome to bring in a filled water bottle each day.
- All children are expected to wear school colours. Financial support is available if this will be a challenge, please ask.
- **PLEASE make sure all your child’s belongings are clearly marked with their name as the school cannot accept any liability for lost items**. Staff will initial school sweatshirts in permanent marker if there is no way to identify it as your child’s.
- Please ensure we also have your most up-to-date contact phone number. If you change numbers, let us know immediately.
- Make sure to keep up to date with child’s learning via Learning Journals.
parentzone.yourlearningjournals.co.uk
- Please ensure you read the main LPS newsletter as this will contain important dates and information. This will be emailed to your inbox and on the website. Please make sure we are a ‘trusted sender’ so it does not get delivered to your junk mail box.
www.leithprimary.org.uk

HOW TO CONTACT THE TEACHER

You can get in touch with me via Online Learning Journals or by email:



sasha.young@leith-pri.edin.sch.uk
amy.pringle@leith-pri.edin.sch.uk

Any urgent messages should be passed on through the school office number **0131 554 4844** as normal.

Text messages can be sent to the school text account on **07860 029 682**

Have a Goal

In this unit, we will be looking at the importance of setting and pursuing meaningful goals. When we make progress on things that are important to us to achieve we are more satisfied with our lives and report higher levels of wellbeing.

While no-one starts a goal expecting to fail, we will undoubtedly hit setbacks along the way. Resilient people understand that working at something takes energy, motivation and effort. They view failure as feedback, recognise it can happen to anyone, reflect on what went wrong and try new ways to tackle the problem. Research suggests that children who experience adversity and develop problem solving and coping strategies while they are young, are more likely to be able to have good ways of dealing with setbacks as an adult.



In this unit, Skipper sets himself the goal of writing a book. When he asks for feedback on his writing he is disappointed and wants to give up. The children learn that failure provides us with an opportunity to reflect and try a new way. Even successful people fail sometimes!

In this unit, we will be learning that:

- Setting a realistic goal helps to motivate us
- Learning to overcome setbacks helps us cope with future ones
- It is important to celebrate our successes

Talk it Over:

Talk to your child about a goal you set yourself and how you dealt with setbacks and failures along the way.

Family Task:

Set a goal together to be completed within three weeks. Think about what you can use to help you and agree how you will celebrate once you've achieved it.

Key Book: 'Rosie Revere Engineer' by Andrea Beaty