

Hello Parent/Carer.

This newsletter summarises what we will be learning in class up until the December holiday. We will continue extend our skills in all subjects. If you need to contact me, please catch me at the end of the day or email me.

Mr Liddle

Important Dates:

- 10th-14th November: Anti-Bullying Week
- 12th November: LPPC Meeting @6.15pm
- 14th & 19th Nov: P5 Parent-Teacher Consultations
<https://forms.office.com/e/L8aWLW2Zft>
- 2nd December: Rugby festival at Leith Academy
- 11th December: Open Classrooms 2.30pm-3pm
- 12th December: LPPC Christmas Fair 12pm-2pm
- 19th December: Term Ends (usual times)
- Term 3 Begins Tuesday 6th January 2026

HEALTH AND WELL BEING



This term our Building Resilience focus will be 'Be Kind to Others'. See parent/carers details overleaf.

We will also be starting the next part of the Relationship, Sexual Health and Parenthood program. We will be covering the *Friends and Friendships* Section. All resources are available on www.rshp.scot if you wish to review them.

We are waiting to start our new wider achievement award scheme later this year. Until then, would still like to know about any achievements your child has had outside of school. Please email any photos you have of them with any medals, trophies, awards, badges, in shows etc, so we can celebrate this in school too.

INTERDISCIPLINARY SKILLS FOCUS (IDL)

This term we will continue or learning about Space before learning about the Human Body. The pupils will decide which systems they are interested in and we will develop our knowledge and skills in this area through work in expressive arts, technologies and literacy.



NUMERACY AND MATHEMATICS



In Numeracy we will work on addition and subtraction specifically using our place value knowledge to develop mental addition strategies. Then we will be focusing on multiplication and division.

In Maths, we will be building our understanding of data handling, 2D shapes and 3D objects.

PE



We have Rugby this session. It will be outdoors on a **Wednesday**. Please bring weather appropriate clothes and consider a change of shoes or socks and gloves if needed.

P5 will have their P.E on a Monday and a Thursday.

Please ensure your child brings in a change of footwear (trainers, gym rubbers) a t-shirt and shorts or joggers. Some of the lessons will be outdoors this term so pupils must have a change of shoes suitable for this (not Crocs, shoes with heels, sandals, etc for their safety).

LITERACY AND ENGLISH

We will be working on reading with fluency and expression, considering the purpose and main ideas of a text and responding to different kinds of questions.

We will take our inspiration in writing from a variety of picture books, as well as building our personal writing.

In listening and talking, our focus will be listening and responding appropriately, and exploring how pace, expression and emphasis can engage others.

We will continue investigating a weekly spelling pattern and this term will also focus on the spelling of common words.

We will be making use of our wonderful school library. **Our library day is Wednesday. Please remember to bring your book back.**

HOME LEARNING ACTIVITIES

Our home learning grid lets pupils choose the time that best suits them and their family to complete learning tasks at home. Choose one or two tasks from the grid to complete each week.

As well as **daily reading**, we encourage pupils to regularly practise basic numeracy and spelling skills challenges that we have set for them on the Sumdog website.

You can help your child this term by encouraging them to read a range of texts at home, including novels, magazines, comics, newspapers, leaflets etc. Discuss novels, stories and even films and television programmes together.

OTHER Information

- Please support your child to arrive on time each day. We start at 8:50am and finish at 3.15pm (12:25pm Friday).
- If your child takes a school lunch - free or paid for - you **MUST** order your child's lunch from the **Wednesday before** the following week. **No order = no meal** and you will be called and asked to bring lunch in for your child.
- No fizzy juice in school at all please and ideally a healthy snack for break.
- No toys in school please.
- Your child is welcome to bring in a filled water bottle each day.
- All children are expected to wear school colours. Financial support is available if this will be a challenge, please ask.
- **PLEASE make sure all your child's belongings are clearly marked with their name as the school cannot accept any liability for lost items.** Staff will initial school sweatshirts in permanent marker if there is no way to identify it as your child's.
- Please ensure we also have your most up-to-date contact phone number. If you change numbers, let us know immediately.
- Please subscribe to our school website, www.leithprimary.org.uk where the main school newsletters are posted
- Please ensure admin@leith-pri.edin.sch.uk is a 'trusted sender' so emails not get delivered to your junk mail box.
- Please ensure you can access ParentPay as trip permissions are now given this way.

HOW TO CONTACT THE TEACHER

You can get in touch with me via my school E-mail address:



calum.liddle@leith-pri.edin.sch.uk

Any urgent messages should be passed on through the school office number **0131 554 4844** as normal.

Text messages can be sent to the school text account on **07860 029 682**

Be Kind to Others

It is always lovely to be on the receiving end of a thank you or a kind act. However we know that kindness also benefits the giver as well as the receiver. When we are kind, it strengthens our connections with others. Sadly, when we are not treated kindly or are isolated from others this can have a detrimental impact on our wellbeing.

Through this unit we will help the children to recognise the importance of being kind to ourselves and others. Interestingly, one of the hardest people to be kind to is often ourselves and yet, self-compassion is associated with enhanced motivation, better ability to cope with difficulties, greater wellbeing and reduced anxiety and depression.



Skipper will teach the children about being a 'bucket filler'. They will learn that everyone carries an invisible bucket that holds our good thoughts and feelings. When our buckets are full, we feel **up** and when our buckets are empty, we feel **down**. We can be bucket fillers and bucket dippers through our actions, words and behaviour.

In this unit, we will be learning that:

- Kindness makes a difference to ourselves and others
- Being unkind hurts others, and it hurts us too
- It is important to be kind to ourselves

Talk it Over:

Share with your child any acts of kindness you have shown recently to help others.

Family Task:

Try to do an extra **act of kindness** every day, e.g. offer to help someone who is struggling, pay a compliment or make someone smile. Share ways you have been kind with your class.

Key Book: 'Have you filled a bucket today?' by Carol McCloud