

Dear Parent/Carer

Welcome back after the October holiday. It has been lovely to catch up with all the children and we are looking forward to a busy, exciting term ahead of us!

Thanks for your continued support,  
Mrs Kinnell & Mr Stuart

## Important Dates:

- 10<sup>th</sup>-14<sup>th</sup> November: Anti-Bullying Week
- 12<sup>th</sup> November: LPPC Meeting @6.15pm
- 19<sup>th</sup> & 21<sup>st</sup> Nov: Parent-Teacher Consultations  
<https://forms.office.com/e/L8aWLW2Zft>
- 11<sup>th</sup> December: Open Classrooms 2.30pm-3pm
- 12<sup>th</sup> December: LPPC Christmas Fair 12pm-2pm
- 19<sup>th</sup> December: Term Ends (usual times)

## HEALTH AND WELL BEING



This term our Building Resilience focus will be 'Be Kind to Others'. See parent/carer details overleaf.

We will also be starting the next part of the Relationship, Sexual Health and Parenthood program. We will be covering asking questions/making choices and families. All resources are available on [www.rshp.scot](http://www.rshp.scot) if you wish to review them.

We are waiting to start our new wider achievement award scheme later this year. Until then, we would like to know about any achievements your child has had outside of school. Please share any photos on Learning Journals of medals, trophies, awards, badges, in shows etc, so we can celebrate this in school too!

## NUMERACY AND MATHEMATICS

In Numeracy and Maths, we will be continuing to work in small groups for our SEAL sessions. We will be working on counting, recognising numbers, adding and sharing between 0-10, 0 – 30 and 0 – 100.

We will also begin to look at pattern, symmetry and 2d / 3d shape.



## PE



**P1/2 will have their P.E slot with Mr Stuart on a Friday. We do a short 30 minute session on a Wednesday too.**

Please ensure your child brings in a change of footwear (trainers, gym rubbers) a t-shirt and shorts or joggers. Some of the lessons will be outdoors this term so pupils must have a change of shoes suitable for this (not Crocs, shoes with heels, sandals, etc for their safety).

## INTERDISCIPLINARY SKILLS FOCUS

We will be continuing to learn about the changing seasons, events and celebrations such as Diwali, Guy Fawkes, St Andrews Day, Advent, Christmas and Hanukkah.

We will also be paying close attention to the shorter days and linking this with some learning about light and dark, day and night.

We will also be observing children's interests and taking this forward through play.

## LITERACY AND ENGLISH

In Literacy and English, we will be working in small groups for phonics each day.

We will be continuing to work on rhyme as well as blending and segmenting sounds.

P1 have started initial sounds and know s,a,t,p,i,n,m so far.

P2 have been working on "special friends" and a list of sounds is attached to the homework grid.

P1 will begin to learn "tricky words" – common words such as **I**, **the** and **to** which can't be sounded out. More to come on this soon!

P2 have a list of tricky words to read and write attached to the homework grid (unit 1 and 2)

We will be making use of our wonderful school library. **Our Library Day is P1 Monday and P2 Tuesday. Please remember to bring your book back so you can borrow a new one each week.**

## HOME LEARNING ACTIVITIES

Our home learning grid lets pupils choose the time that best suits them and their family to complete learning tasks at home. Choose one or two tasks from the grid to complete each week.

We love seeing photos of how you are getting on so please do upload any photos to OLJS 😊

We will send out a home learning pack this term with more information to follow. It will explain a bit more about how we teach phonics for reading and writing and have some numeracy games too!

## OTHER Information

- Please support your child to arrive on time each day. We start at 8:50am and finish at 3.15pm (12:25pm Friday).
- If your child takes a school lunch - free or paid for - you **MUST** order your child's lunch from the **Wednesday before** the following week. **No order = no meal** and you will be called and asked to bring lunch in for your child.
- No fizzy juice in school at all please and ideally a healthy snack for break.
- No toys in school please.
- Your child is welcome to bring in a filled water bottle each day.
- All children are expected to wear school colours. Financial support is available if this will be a challenge, please ask.
- **PLEASE make sure all your child's belongings are clearly marked with their name as the school cannot accept any liability for lost items.** Staff will initial school sweatshirts in permanent marker if there is no way to identify it as your child's.
- Please ensure we also have your most up-to-date contact phone number. If you change numbers, let us know immediately.
- Please subscribe to our school website, [www.leithprimary.org.uk](http://www.leithprimary.org.uk) where the main school newsletters are posted
- Please ensure [admin@leith-pri.edin.sch.uk](mailto:admin@leith-pri.edin.sch.uk) is a 'trusted sender' so emails not get delivered to your junk mail box.
- Please ensure you can access ParentPay as trip permissions are now given this way.

## HOW TO CONTACT THE TEACHER

You can get in touch with me via my school E-mail address:



**[joanna.kinnell@leith-pri.edin.sch.uk](mailto:joanna.kinnell@leith-pri.edin.sch.uk)**

Any urgent messages should be passed on through the school office number **0131 554 4844** as normal.

Text messages can be sent to the school text account on **07860 029 682**

## Be Kind to Others

It is always lovely to be on the receiving end of a thank you or a kind act. However we know that kindness also benefits the giver as well as the receiver. When we are kind, it strengthens our connections with others. Sadly, when we are not treated kindly or are isolated from others this can have a detrimental impact on our wellbeing.

Through this unit we will help the children to recognise the importance of being kind to ourselves and others. Interestingly, one of the hardest people to be kind to is often ourselves and yet, self-compassion is associated with enhanced motivation, better ability to cope with difficulties, greater wellbeing and reduced anxiety and depression.



Skipper will teach the children about being a 'bucket filler'. They will learn that everyone carries an invisible bucket that holds our good thoughts and feelings. When our buckets are full, we feel **up** and when our buckets are empty, we feel **down**. We can be bucket fillers and bucket dippers through our actions, words and behaviour.

### In this unit, we will be learning that:

- Kindness makes a difference to ourselves and others
- Being unkind hurts others, and it hurts us too
- It is important to be kind to ourselves

### Talk it Over:

Share with your child any acts of kindness you have shown recently to help others.

### Family Task:

Try to do an extra **act of kindness** every day, e.g. offer to help someone who is struggling, pay a compliment or make someone smile. Share ways you have been kind with your class.

**Key Book:** 'Have you filled a bucket today?' by Carol McCloud