

# Raising Children with Confidence

## Community Courses

Gate 55 Community  
Centre starting 28<sup>th</sup>  
October  
West Pilton  
Neighbourhood Centre  
starting 29<sup>th</sup> October



**Raising Children with Confidence**  
is a free 6 week course for parents  
and carers.

The course aims to:

- Increase understanding about child development and the importance of relationships.
- Build strategies for empathy and communication to support resilience.
- Prioritise parental wellbeing and recognise the link between this and supporting your child.

**BOOK YOUR PLACE**  
**ONLINE**

For more information contact  
[EngagingFamilies@edinburgh.gov.uk](mailto:EngagingFamilies@edinburgh.gov.uk)

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