

Dear Parent/Carer

I am delighted to welcome your child back to P3. We have already been busy getting used to new routines and thinking about how we would like to learn.

I look forward to working in partnership with you this year. If you have any concerns, please do get in touch using the details below.

Mrs Watson (Mon-Wed) Mrs Buchan (Thurs-Fri)

HEALTH AND WELL BEING



This term our Building Resilience focus will be 'Look on the Bright Side. See parent/carer details overleaf.

We are waiting to start our new wider achievement award scheme later this year. Until then, would still like to know about any achievements your child has had outside of school. Please email any photos you have of them with any medals, trophies, awards, badges, in shows etc, so we can celebrate this in school too.

PE



P3 will have their P.E on a Tuesday and Thursday.

Please ensure your child brings in a change of footwear (trainers, gym rubbers) a t-shirt and shorts or joggers. Some of the lessons will be outdoors this term so pupils must have a change of shoes suitable for this (not Crocs, shoes with heels, sandals, etc for their safety).

Important Dates:

- **29th August** – LPPC Welcome Picnic on the Links
- **10th September** – One Planet Picnic Celebration (pupils only)
- **11th September** – Meet the Teacher Open Classroom Session (details to follow)
- **15th September** – Pupils off for September Monday holiday
- **29th September** – Nasal Flu Immunisations
- **10th October** - Celebration Assembly and Term Ends

NUMERACY AND MATHEMATICS



In Numeracy we will work on counting, place value and addition & subtraction.

In Maths, we will be building our understanding of 2D and 3D shapes and learning about the concept of Chance and Uncertainty.

INTERDISCIPLINARY SKILLS FOCUS



This term we will learn about foods produced in Scotland and think about the importance of agriculture in food production. We will also be exploring our local area and considering the landscape. In Science, we will learn about forces, experimenting with push and pull and magnets.

LITERACY AND ENGLISH

We will be working on reading independently, using our strategies to sound out new words and recognising common words quickly. We will be discussing the characters and plots and answering written and verbal questions in a variety of ways.

We will take our inspiration in Writing from a variety of picture books, as well as building our Imaginative writing.

In listening and talking, our focus will be knowing how and when to listen, when to ask questions and how to respond to others appropriately.

Each week we will focus on a spelling pattern and work on spelling common words correctly.

We will be making use of our wonderful school library. **Our Library Day is Monday. Please remember to bring your book back.**

HOME LEARNING ACTIVITIES

Our home learning grid lets pupils choose the time that best suits them and their family to complete learning tasks at home. Choose one or two tasks from the grid to complete each week.

As well as **daily reading**, we encourage pupils to regularly practise basic numeracy and spelling skills challenges that we have set for them on the Sumdog website.

You can help your child this term by encouraging them to read a range of texts at home, including novels, magazines, comics, newspapers, leaflets etc. Discuss novels, stories and even films and television programmes together.

OTHER Information

- Please support your child to arrive on time each day. We start at 8:50am and finish at 3.15pm (12:25pm Friday).
- If your child takes a school lunch - free or paid for - you **MUST** order your child's lunch from the Wednesday before the following week. **No order = no meal** and you will be called and asked to bring lunch in for your child.
- No fizzy juice in school at all please and ideally a healthy snack for break.
- No toys in school please.
- Your child is welcome to bring in a filled water bottle each day.
- All children are expected to wear school colours. Financial support is available if this will be a challenge, please ask.
- **PLEASE make sure all your child's belongings are clearly marked with their name as the school cannot accept any liability for lost items.** Staff will initial school sweatshirts in permanent marker if there is no way to identify it as your child's.
- Please ensure we also have your most up-to-date contact phone number. If you change numbers, let us know immediately.
- Please subscribe to our school website, www.leithprimary.org.uk where the main school newsletters are posted
- Please ensure admin@leith-pri.edin.sch.uk is a 'trusted sender' so emails not get delivered to your junk mail box.
- Please ensure you can access ParentPay as trip permissions are now given this way.

HOW TO CONTACT THE TEACHER

You can get in touch with us via **Online Learning Journals**.



Any urgent messages should be passed on through the school office number **0131 554 4844** as normal.

Text messages can be sent to the school text account on **07860 029 682**

Look on the Bright Side

We can all look at the same situation from different perspectives. Sometimes the way we think about things that happen to us, can have a bigger impact on our wellbeing than the event itself.

When we get stuck in the negative, research has found that questioning and challenging some of our thinking or focusing on the positive things in our life or what we are grateful for can be a helpful way to change our mood. Resilient people are not immune to change, misfortune or adversity. They are better able to make sense of their experiences, by finding meaning and perspective in order to help them to move forward.



In this unit, Skipper overhears an unkind comment about him. The comments go round and round in his head and he starts to believe that they may be true. Using his 'Helpful, Thinking Helmet' he is able to question these thoughts and find ways to feel better.

In this unit, we will be learning that:

- The way you think can affect the way you feel.
- There are different ways of looking at the same thing.
- Focusing on what you are grateful for can help.

Talk it Over:

Talk to your child about the things you are grateful for in your life.

Family Task:

Create your own Memory Jar of things that you are grateful for. Your jar will help you to build and remember memories to help you through difficult times and help you to savour the positive moments in your life.

Key Book: 'Tiger, Tiger, is it true?' by Byron Katie