

Leith Primary School Home Learning Grid - P1/2 - Autumn Term

Health and Wellbeing (PE)

Cosmic Yoga

Try out some yoga! Ask someone at home to join in.

<https://www.youtube.com/watch?v=KAT5NiWHFIU>

Numeracy

Find some everyday opportunities for counting around the house. Can you count out the plates and cutlery for dinner? Can you count the number of steps up to your house?

Literacy

Can you think of some rhyming words? Cat, mat..... what other word might rhyme? Can you think of anymore rhyming sounds?

Health and Wellbeing

When you read a story or watch a programme, think about how the character is feeling. Why do they feel like that? Tell someone at home. Your child might talk about the "zone" they are in (see image overleaf).

Free Play

Upload a photo on Learning Journals showing your child's favourite play activities at home. This will be a great opportunity for your child to share a snippet of home with the class.

Life Skills

Can you try a new skill whilst getting ready? Can you put your bag on by yourself, pack your snack, fill up your water bottle or zip your jacket?

Art

Go for a seasons walk. Look out for changes of the seasons. Draw a picture of what that season looks like - what happens to the trees? What would the weather be like? What would people wear in that season?

Reading

Enjoy reading your picture book with an adult at home. Tell them what you thought about the story and discuss your favourite parts.

Technologies

Can you help a grown up prepare a meal at home? Take turns weighing the ingredients!

P2 Home Learning Grid - Autumn Term

Social Studies: We will be finding out about food that is made in Scotland. Have a look at the labels on your food. Does any of it come from Scotland? Draw a picture of the food and write down where it comes from.

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Literacy: We are revising Block 1 and 2 tricky words. Take time to practice saying and writing these words. These are on your Learning Journal but if you would like paper copy, please ask!

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Health and Wellbeing:

Try out some yoga! Ask someone at home to join in.

<https://www.youtube.com/watch?v=KAT5NiWHFIU>

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Literacy- Tools for Writing:

We are beginning to look at **capital letters, finger spaces and full stops**. Can you write a sentence about your favourite toy, using a capital letter, finger spaces and a full stop?

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Health and Wellbeing: When you read a story or watch a programme, think about how the character is feeling. What zone are they in? Why do they feel like that?

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Reading: Read for fun for a short while every day. Please encourage your child to read their school reading book. You can also read comics, picture books, information books or magazines.

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Numeracy:

Please look at your SEAL Numeracy Home Learning Wall and choose some activities to do at home.

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Art: We will be finding out about the Artist Andy Goldsworthy:

<https://www.youtube.com/watch?v=mAmOscZR2OI>

Collect some nature and have a go at making your own piece of art!





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Outdoor Learning:

We are finding out about our local environment. Draw a picture and write a sentence about your favourite place in Leith!

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The **ZONES** of Regulation

			
Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Worried Frustrated Silly Excited	Red Zone overjoyed/Elated Panicked Angry Terrified