



Are you the parent or carer of a neurodivergent child or young person?



We can help! Mindroom is a charity providing support to parents and carers of neurodivergent children and young people across Scotland. We also have services to support children and young people. Your child does not need a diagnosis before you get in touch.

Our friendly, dedicated staff team have a broad range of skills and experience.

We can help you to:

- Access information and resources
- Understand your rights and responsibilities
- Navigate systems and processes
- Access the support you and your child need

This might be about education, health, social work or justice, or other questions you might have.

We do this by:

- Listening to you
- Providing information and advice tailored to what you need
- Giving practical ideas to help you work with professionals to get the right support for you and your child
- Providing emotional support

Get in touch!

For more information about any of our services or to request support for you or your family:

Phone us **0131 370 6730**

Email us **directhelp@mindroom.org**

Website **www.mindroom.org**